



ORAL HEALTH FOR BRAIN HEALTH (Mysmile study)



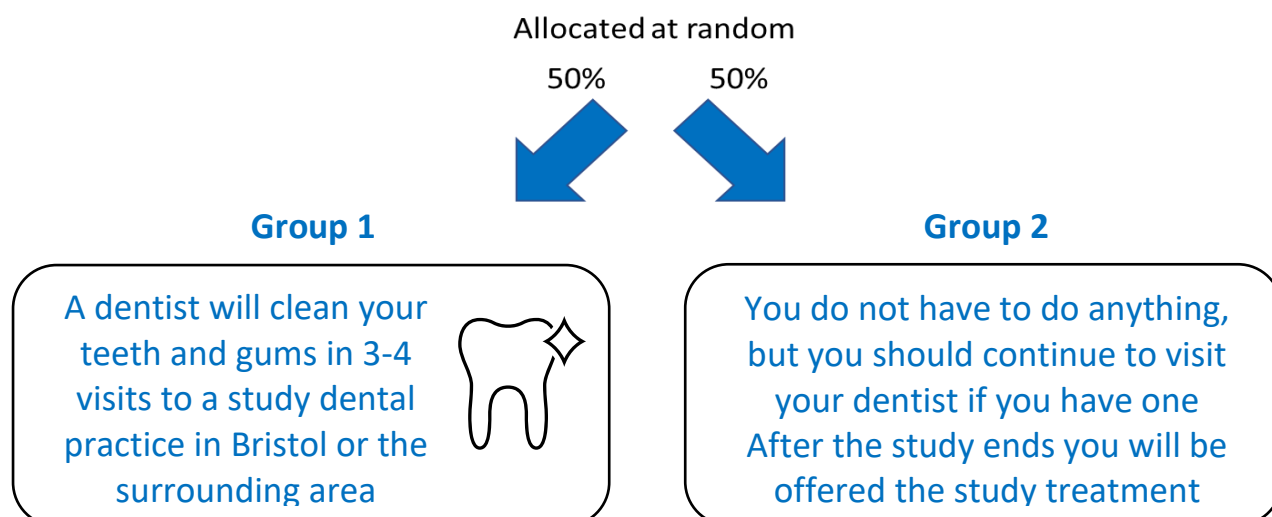
Do you have:
Alzheimer's Disease or **Mild Cognitive Impairment (MCI)**?

We are looking for people to take part in our research study to investigate whether **improving oral health slows down** memory loss.

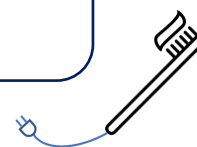
To take part you need to:

- Have a diagnosis of Alzheimer's Disease or MCI.
- Be aged **60** years or above.
- Be interested in improving your oral (gum) health

If you take part: You will be assessed to see if you are eligible for the study at The Brain Centre at Southmead Hospital in Bristol and if eligible:



Both groups 1 and 2 will also attend 6 and 12 monthly reviews following their first visit, for dental assessments, memory tests, saliva and blood samples.
An electric toothbrush will be provided at visit 1



If you are interested in taking part or have questions, please either

ring: **07773579130**

email: nikki.hellin@bristol.ac.uk

OR follow either of these links:

Click on:
[Participant Information sheet](#)

