





## **ORAL HEALTH FOR BRAIN HEALTH (Mysmile study)**





## Do you have:

**Alzheimer's Disease or Mild Cognitive Impairment (MCI)?** 

We are looking for people to take part in our research study to investigate whether improving oral health slows down memory loss.

## To take part you need to:

- Have a diagnosis of Alzheimer's Disease or MCI.
- Be aged **60** years or above.
- Be interested in improving your oral (gum) health

If you take part: You will be assessed to see if you are eligible for the study at The Brain Centre at Southmead Hospital in Bristol and if eligible:

Allocated at random





**Group 1** 

A dentist will clean your teeth and gums in 3-4 visits to a study dental practice in Bristol or the surrounding area



**Group 2** 

You do not have to do anything, but you should continue to visit your dentist if you have one After the study ends you will be offered the study treatment



Both groups 1 and 2 will also attend 6 and 12 monthly reviews following their first visit, for dental assessments, memory tests, saliva and blood samples.

An electric toothbrush will be provided at visit 1





07773579130 ring:

OR follow either of these links:

email: nikki.hellin@bristol.ac.uk

Click on:

Participant Information sheet



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